### Phase 2 | Program Implementation

#### Participant Groups

<table>
<thead>
<tr>
<th>Core Participants’ Groups</th>
<th>Sessions</th>
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</thead>
<tbody>
<tr>
<td>Adolescent Girls</td>
<td>53 Weekly Sessions</td>
</tr>
<tr>
<td>Adolescent Boys</td>
<td>53 Weekly Sessions</td>
</tr>
<tr>
<td>Mothers of Adolescents</td>
<td>18 Monthly Sessions</td>
</tr>
<tr>
<td>Fathers of Adolescents</td>
<td>18 Monthly Sessions</td>
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</tbody>
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#### Core Sessions/Trainings

**Social Norms [all participant groups]:**
Child rights, gender and sexuality, patriarchy, power and privileges, masculinility, sex and love, honor, dowry, gender division of labor, gender based violence, child early and forced marriage.

**Access to Alternatives [girls’ groups only]:** Financial literacy and an opportunity to join Village Savings and Loan Association.

**ASRHR [all core participants’ groups] (Starting Month 7):** Menstruation; puberty; female sexuality; contraception; HIV/AIDS; life skills.

**Girls-centered movement building [girls’ groups only]:** Leadership; empowerment dialogues; collective action; civic participation.

#### Joint Sessions

6 Intergroup Dialogues
Facilitated dialogues between core participant groups in the following combinations:
- Adolescent Girls with Adolescent Boys
- Adolescent Girls with Mothers
- Mothers with Fathers
- Adolescent Girls, Adolescent Boys, Mothers, and Fathers

**DURATION OF IMPLEMENTATION = 18 months**

**CORE FACILITATION APPROACHES**
A mix of facilitation approaches for transformation and critical consciousness leading to maximize empowerment, critical thinking and action by the community [participatory learning, conscious reflection and analysis and facilitation for action]

#### Girl-Led Activities

6 Community level social norms activities
Organized and led by adolescent girls’ groups on the following themes:
- Mobility
- Menstruation
- Gender Division of Labor
- Dowry
- Family Honor/ Sexual Harassment
- Girls Aspirations

#### Joint Sessions

- 6 Intergroup Dialogues

#### Other Participants

- Religious Leaders
- Local Government (Nepal)
- School Personnel (Nepal)
- Influential People & GP Officials (Bangladesh)

#### Project Staffs’ Core Capacities

- Gender Equity and Diversity (GED)
- Social Analysis and Action (SAA)
- Participatory and Reflective Techniques
- VSLA
- Movement Building
- Social Norms
- ASRHR
- Facilitation Skills

*Indicates components that are part of the full package and are not present in the light package*